DAY 1  SUN
Beijing Arrival
Your China holiday will begin with an international flight to Beijing. Upon arrival at Beijing Capital International Airport you will be met by your tour guide and transferred to your hotel to prepare for your tour tomorrow.

DAY 2  MON
Beijing - The Great Wall of China, 2008 Olympic Games Sites
Today, you will visit the 2008 Olympic Games sites (outside). You will visit the largest Jade factory in Beijing to learn about China’s most precious and celebrated stone and its manufacturing process. After lunch, travel into the rugged mountain landscapes north of the city to the magnificent Great Wall of China. Once on top of this ancient defensive structure, you’ll find that some sections are quite steep, but the views are magnificent, and the experience is truly unforgettable. Afterward, you’ll head to Gubei Water Town to stay overnight and enjoy the breathtaking night scene of the Great wall.

DAY 3  TUE
Beijing – Gubei Water Town
Today, you’ll enjoy and experience the old-fashioned simplicity and elegance of Gubei Water Town. Rows upon rows of houses, old quartzite streets and long narrow alleyways which showcase the style and features of the ancient town. River channels are scattered between streets; houses near the river are bathed in sunlight. Besides sightseeing, you can experience unique local customs and participate in native activities.

DAY 4  WED
Beijing - Tiananmen Square, Forbidden City, Luoyang
Set out with your trip leader to discover Beijing’s imperial treasures. Stand in Tiananmen Square, one of the largest and grandest public plazas in the world before progressing on to the Forbidden City. Enter the imposing walls of the Forbidden City, once the exclusive domain of the Ming Dynasty, for an exclusive tour through this vast complex of courtyards and lanes. Afterward, experience an oriental foot massage at a traditional Chinese medical centre where you will learn about alternative treatments for illness and have the chance to consult with a Chinese medical professional. Then you will be transferred from Beijing to Luoyang via bullet train. The city of Luoyang is widely considered the birthplace of Chinese civilization and is one of the four great ancient capitals of China.

DAY 5  THU
Luoyang – Longmen Grottoes, Old Town
Today, you’ll discover the Longmen Grottoes, densely scattered along the cliffs on both banks of the Yi River. Construction began in 493AD during the Northern Wei Dynasty and there are now 2345 caves with 2680 statues, over 70 stupas and 2680 inscribed stone tablets. Continue to explore the traditional shops and
cuisine of Luoyang Old Town, with its stunning ancient architecture and imposing city gate dating back to 600 AD.

DAY 6  FRI
Luoyang to Zhengzhou - Shaolin Temple, Kung Fu Show
Today you will visit the Shaolin Temple, situated in Songshan Mountain, it is the most reputable and longest standing temple in China. It is also the birthplace of Shaolin Kung Fu. The main scenic spots in the temple are Hall of Heavenly Kings, Grand Hall, Sutra Depository, Hall of Thousands of Buddha and the Pagoda Forest. After enjoying a special Shaolin vegetarian lunch you will visit a local martial arts school. This tour will bring you face to face with a group of kids who are dedicated to Chinese Kung Fu. Later this afternoon you will be transferred to Zhengzhou city.

DAY 7  SAT
Zhengzhou to Yichang
Today, you will be transferred to Yichang by bullet train. Upon arrival, you will board the Yangtze River Cruise ship and to settle in before its departure tomorrow. The expansive Yangtze River is the largest river in Asia and the third largest in the world. It is renowned not only for its impressive size, but also for the natural beauty of its surrounds. The river begins in the remote mountainous regions and winds its way through stunning gorges, lush and fertile regions and connects with numerous lakes and waterways.

DAY 8  SUN
Yangtze River Cruise
Start the morning with an exercise on board in the presence of the beautiful Gorges. Spend your day out on an optional excursion or relax on board the cruise ship. This evening you will return to the ship and attend the Captain’s Welcome Banquet and enjoy the evening entertainment of a Chinese dancing ball.

Optional Activity: Excursion – Three Gorges Dam Site
The Three Gorges Dam Site is one of the largest construction projects undertaken by mankind and is the biggest hydropower project in the world.

Optional Activity: Excursion – Tribe of the Three Gorges
You may also want to visit the Tribe of the Three gorges, the only large scenic spot that has not been influenced by the Three Gorges Dam project, which showcases the abundant Ba Culture and Shu Culture.

DAY 9  MON
Yangtze River Cruise
Today, you may choose to embark on the exciting optional excursions or for a leisure day on board the ship. In the afternoon you will continue to cruise into the western section of Xiling gorge.

Optional Activity: Excursion – Lesser Three Gorges or Shennong Stream (Subject to the Cruise)
Explore the Lesser Three Gorges or Shennong Stream, a shining pearl hidden in the remote mountains. You will leave your cruise ship and board smaller vessels to sail through the narrower and breathtaking Lesser Three gorges region or Shennong Stream, lined by sheer cliffs and mountains.
Optional Activity: Excursion – White Emperor City
You may also choose the optional excursion to visit the White Emperor City, an ancient temple that is located atop Baidi Mountain on the northern bank of the Yangtze River in Fengjie County.

**DAY 10  TUE**
**Yangtze River Cruise**
Today you will pass through the mountains of Eastern Sichuan. Participate in the optional excursions or pamper yourself with a massage and make the most of the last full day on your ship. Tonight, enjoy the farewell dinner and pack your bags in preparation for disembarking tomorrow.

Optional Activity: Excursion – Fengdu Ghost City
Today’s optional excursion is the Fengdu Ghost City to see why it’s regarded as the “City of Ghosts.” The temples built on Ming Mountain depict the instruments of punishment and demon paintings, demonstrating the Chinese people’s imagination of hell.

Optional Activity: Excursion – Shibaozhai
Shibaozhai is a 12-story wooden pagoda built against the rock in the 18th century. It is located in Zhong County on the south bank of the Yangtze River.

*NOTE:* Tour Itinerary is subject to change without prior notice based upon weather, traffic condition and other unforeseen occurrences.

There are steles and inscriptions of past dynasties on each floor. Visitors may also appreciate the spectacular Yangtze River from the windows of each floor during climbing.

**DAY 11-12  WED-THU**
**Chongqing Departure**
Today you will be transferred to the airport for your flight home. We hope you enjoyed your journey to China with us!

- [ ] International Flight
- [ ] Bullet Train
- [ ] Coach
- [ ] Yangtze River Cruise